



Woodland Tennis Club

December 2009

Volume 2 Number 2

From the WTC President

Thank You can't be said enough to all the club members who volunteer their time to help us enjoy playing tennis. Please let them know how much they are appreciated and see if they could use some help along the way.

As we move ahead into the New Year, we are at a crossroads in a number of ways. In the past 2 years (actually 3 since the closing of Country Oaks) we have come a long way in getting the club to where it is today. We are well connected to SATA and the NorCal chapter of the USTA and have been granted tax-exempt status by the IRS.

We have enjoyed playing on our interclub teams and our social tennis activities, and now we need to see where we go from here. As players move up in ratings and teams move up to the next level, we need to be sure to make room for more beginning players to play and participate. Negotiations are taking place with the City to see if we will be able to continue playing without cost on City Courts as we have during the past 2 years. With City budgets hurting, they are looking for ways to increase revenues.

There are many additional areas that we can work on, including stimulating tennis in the schools, as we did recently at Prairie Elementary, adding additional tennis programs for our membership, such as tournaments, ladder competition, mixers with other clubs, USTA leagues, or increased SATA leagues for more beginning players. We need to hear from our members as to what they would like to see in club activities. We would also appreciate increased participation of volunteers to support these activities. Please let us know your ideas and suggestions.

- Art Williams

Time to renew your membership

Annual dues for membership in the Woodland Tennis Club are renewed each December. The dues have not been increased. Renewing members do not need to complete an application form unless you need to update your contact information. Simply mail a check to:

Woodland Tennis Club
P.O. Box 2283
Woodland, CA 95695

The 2010 Application for Membership form is at the end of this newsletter or may downloaded from the WTC website.

Lifetime membership is available for \$1,000 and includes special recognition.

Board of Directors

Election Of Board Members

A Nominating Committee appointed by the President of the WTC is recommending that the following members be elected to the Board of Directors for a two-year term.

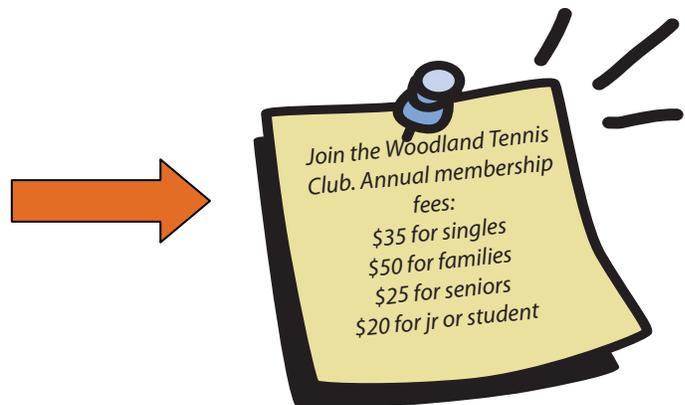
Art Williams
Elaine McCain
Pat Garrison
Dave Dobson

Inaugural Board members Art Williams, Elaine McCain, and Pat Garrison are up for re-election. Paula Stewart, whose 3-year term on the Board is greatly appreciated, will not seek re-election. Dave Dobson, who has been serving the WTC for several years already through committee work and web site maintenance, has expressed a willingness to serve on the Board.

The annual membership meeting will take place at Ludy's BBQ on Main Street in Woodland immediately following the Frostbite Tournament on Saturday, February 6.

Annual Frostbite Tournament

This is a fun, doubles, tennis tournament for WTC and the Davis Tennis Club. The event will begin at 9:00 am on Saturday, February 6th at the Woodland High School tennis courts. An entry form and more information will be emailed to WTC members in January.



Join the Woodland Tennis Club. Annual membership fees:
\$35 for singles
\$50 for families
\$25 for seniors
\$20 for jr or student

Woodland Tennis Club on the web:

www.woodlandtennisclub.com

COMMUNITY OUTREACH

Youth tennis

WTC Patriots and Wolves Tennis Camp for Juniors

Following up on last year's success, WTC members Art Williams and Patrick Farrell teamed up with Pioneer High tennis coaches Ted Ferguson and Creed Watts and Woodland High coach Brent Birdsall to offer another weeklong tennis camp for juniors in June 2009. 31 juniors, between the ages of 11 and 17, participated in the camp, which helped get them enthused about the sport and ready to contribute to their high school teams and earned over \$900 for each of the schools' tennis programs.

Prairie Elementary tennis

WTC Members give tennis instruction at Prairie Elementary School

Prairie Elementary School principal Irene Oropeza-Enriquez and PE Teacher Kristina Weston asked the WTC to help instruct tennis during PE classes for one week in mid September. WTC president Art Williams and the Board of Directors organized the event with the help of many WTC member volunteers. Because the event came up faster than anticipated, many phone calls were made to get volunteers and WTC members came through with flying colors.

The nine classes of fourth, fifth and sixth graders were each given three 45 minute classes during the week. Each instruction period was broken into three groups: ball control, doubles and singles. Children rotated every 15 minutes between groups with each group having two WTC member instructors.



The students were very attentive and seemed to enjoy the sessions. One sixth grade class gave us a thank you card signed by all of the students. Friday was picture day. Norm Wakabavashi and Robin Schlosser instructed in ball control, Elaine McCain and Art and Georgina Williams helped with the doubles and Steven Mott and Julia Farrell gave singles instruction. Other members that helped during the week were: Dave Dobson, Patrick Farrell, Joan Hanssmann, Floyd McCain, Jerry Staciones, Melva Sheehan, Karen Shepard, Paula Stewart, Steve McWilliams, and Marcail McWilliams. All of the instructors agreed it was a tiring week, but well worth the effort.

High school tennis

Pioneer High Tennis: Champs Again

Led by Estafania Toscano and WTC member Christie Farrell, both of whom can be found practicing at City Park regularly, the Pioneer High girls tennis team won their league championship in fall 2009 for the second straight year. The Pioneer boys also won their league championship in spring 2009.



Estafania & Christie 2009.

Woodland High Tennis

Brent Birdsall, WHS coach, reports that the Woodland High Girls Tennis continues to grow in numbers with over 30 girls participating this past season. They will have many returning players and are looking to be a force in league next year.

Interclub tennis

Our club is proud to sponsor the following interclub teams as a member of the Sacramento Area Tennis Association (SATA). Results of the Fall League:

WOMEN'S 4.0 ROTATING DOUBLES

The 4.0 Women's Evening Doubles Team played against 7 teams in the Sacramento Area Tennis Association's (SATA) Fall Tennis League and **did not lose a match**. They won their Division and then had a playoff match against Laguna Creek in Elk Grove for the League Championship. They won that match 6 to 3. Members of the team who played this season were:

Elaine McCain (Captain)*
Paula Stewart (Co-Captain)
Vollie Anastasi
Mary Anne Armstrong
Isabel Becerra*
Sarah Collinson*
Lyn Lamoure
Lisa Lance*
Eddie Quiggle
Rosie Ramirez

* Undefeated in regular season match play.

Since the team won their League, they plan on playing in a higher League in spring, 2010.



Women's 4.0 Team

MEN'S 3.5 TEAM

The Men's 3.5 interclub team finished the season in 4th place. Sunny Mallinson was undefeated in singles!!

The members of the team were:

| | |
|------------------------|------------------------|
| Pat Garrison (Captain) | Lee Moore (Co-Captain) |
| Sunny Mallinson | Steve McWilliams |
| Thomas Clemens | Fermin Cabello |
| Dave Taylor | Nestor Aguilera |
| Bob Murdock | Jerry Walters |
| Dave Wade | Chuck Buck |
| Jerry Stacionis | |



Women's 3.5 Team and their opponents from Glen Oaks

WOMEN'S 3.5 TUESDAY EVENING DOUBLES

The 3.5 Women's Rotating Doubles team had a very good season this Fall. It was a large division and a long season with 10 matches scheduled. The team ended with 6 wins, 3 losses and 1 rain cancellation. Team members were:

| | | | |
|----------------|---------------|-------------------|----------------|
| Isabel Becerra | Nancy Erling | Marjie McWilliams | Karyn Schultz |
| Mary Beck | Sue Little | Leone Murdock | Karen Vineyard |
| Andrea Clemens | Elaine McCain | Karen Shepard | Lynda Welter |
| Marianne Cook | | | |

Karyn Schultz won all but one of her sets, landing her in the top ten player list for the season. Marjie was our most dedicated player, playing every match.

Because they did well and because the 4.0 team decided to move to the 4.5 level, they have decided to move to 4.0 next season. Several of their wins were one-sided and the losses were close, so they look forward to the competition at the next level. This is a good group of women with which to play tennis. They have lots of fun, play some good tennis and eat well at each match. It seems they are becoming known for their good food as well as welcoming hospitality. They welcome any woman interested in joining them for tennis. They are continuing to play and practice on Tuesday evenings as weather and schedules allow. Come join them.

MORE Interclub tennis

MIXED DOUBLES 7.0 TEAM

The Mixed Doubles 7.0 Team captained by Floyd McCain won their league. They played eight matches, won seven of them and lost one. Their only loss was to Davis which also had a 7-1 record. Woodland won the league because they won more sets overall than Davis in previous matches.

The members of the team were:

| | |
|-----------------------|-----------------|
| Vollie Anastasi | Patrick Farrell |
| Isabel Becerra | Sunny Mallinson |
| Martha Clark-Garrison | Elaine McCain |
| Pat Garrison | Floyd McCain |
| Andrea Clemens | Bob Murdock |
| Thomas Clemens | Jerry Walters |
| Sarah Collinson | Lynda Welter |

Players who played in at least three matches and were undefeated were Patrick Farrell and Sunny Mallinson.

WTC Social Activities

Social Activities Committee

Members of the WTC enjoyed a number of tennis and social activities throughout the year organized and planned by the Social Activities Committee. They included Thursday Night Tennis, Friday Evening Drop-in Summer Tennis, Saturday Morning Drop-in Tennis, a Halloween Tennis Social and Potluck in October, and another event that is being planned, the Frostbite Doubles Tournament. This tournament will tentatively take place in February, 2010, and will include Men's, Women's and Mixed Doubles, in a Round Robin format. Future plans include having exchanges with other tennis clubs in the area. Members of the Committee are as follows.

Marjie and Steve McWilliams
Marianne and Roger Cook
Lisa Lance
Paula Stewart
Floyd and Elaine McCain (chair)



Moving on Up!!!

Notice of Important Rating Changes

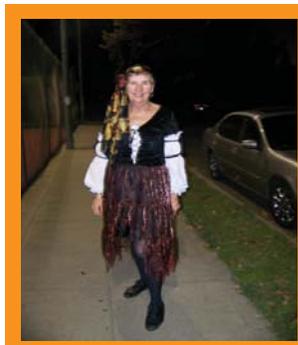
Breaking News! The USTA, after considerable study, has re-rated more than 90,000 members, including 35,000 3.0 players, and 36,000 3.5 players mostly to higher levels. A growing disconnect was seen between the standards used in the Self Rating guidelines and the actual characteristics of players on court at various levels, along with players who had been allowed for many years to appeal their year end ratings downward. You may want to check your rating to see if you have been "promoted." For more information see the USTA Norcal web site at <http://www.norcal.usta.com/>.



Halloween Social

The Halloween Tennis Social was held on Friday Evening, October 23, at City Park. There were 16 people who participated in tennis and a few more came to the potluck, which included many tasty dishes and desserts. Fewer people were dressed in costumes this year than last year.

Prizes for costumes were awarded to 3 people, as follows: Sylvia as a beautiful witch, Marcail McWilliams as a dashing Frenchman, and Floyd McCain as a swash-buckling pirate.



Elaine McCain



Sylvia



Marcail McWilliams

Join us for weekly tennis

There are several opportunities each week for you to get out and PLAY!! Must be a member of WTC to participate.

Saturday morning

Saturday morning, **no host, drop-in doubles** is played at City Park- 9 a.m. For our first year, we met on the Woodland High School courts but have now moved to City Park. It's so much easier this way because the courts are open and ready for use without the hassle of the balls rolling or flying into the pool area, no entry or exit with a key, no long walks to the bathrooms. We had lots of fun with some grueling tie breakers. This event is run by you! To make it work, show up and have fun.

Friday night tennis over for now

During the summer a number of members participated in drop-in tennis on Friday evenings which was followed by a potluck. This event was coordinated by Lisa Lance. Thank you, Lisa.

Thursday night tennis & social

An ongoing event that the WTC sponsors is the Thursday Night Tennis and Social. Participants play three rounds of Doubles based on a draw prepared by Floyd and Elaine McCain. After tennis, members enjoy sharing food and drink which they have brought, and share with others. This is a popular event and continues throughout the year. Members who are interested in playing respond to an e-mail sent out by the McCains. The first 16 to respond are scheduled to play. Occasionally, during warm weather months, other parks are used if more than 16 people have signed up. To receive notification of this event, send the McCains an e-mail request at f.mccain@sbcglobal.net, or call them at 530-666-2775.

Tennis tips

■ *Tip on service ball toss: Try putting your dominant hand on your neck (without racquet) and practice tossing and catching. Hold your finish to insure dominant arm elbow is close to your ear and back heel is raised with toe still contacting ground. This will help you achieve reaching the top range of motion and develop consistency to your toss. Remember to gently rest the ball and try to avoid spin in your toss while lifting the ball into the air allowing your arm to rise up with the motion.*

- excerpt from the USTA web site

more tennis tips at:

www.usta.com/ImproveYourGame/TennisTips.aspx

Cardio tennis

Cardio tennis is a fun way to get a good aerobic workout and hone your tennis skills at the same time. Since this activity is **sponsored by the City of Woodland** you do not have to be a member of WTC to participate. Ann Pellow coordinates the activity which consists of an hour of warm-up, fast paced drills, and cool-down.

A new session will begin the first week of January; sessions run for 6 weeks at a cost of \$60 for Woodland residents and \$72 for non-residents. Check the Woodland Parks & Rec website:

<http://www.ci.woodland.ca.us/gov/depts/parks/>
Click on Adult Fitness-Tennis-Cardio Tennis for dates and times. You must sign up at the Senior & Community Center on East Street.



Edited by Kitty Schlosser

Newsletter content provided by:

Art Williams

Patrick Farrell

Dave Dobson

Elaine McCain

Pat Garrison

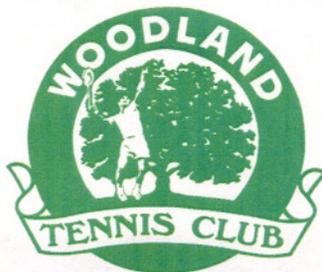
Floyd McCain

David Wade

Leone Murdock

Marjie McWilliams





2010 Membership Application

Type of Membership New _____ Renewal _____ (New members joining after 7/1/2010 pay half price)

Check appropriate Membership category: Single _____ \$35 Family _____ \$50

Seniors (60+): _____ \$25 Junior/Student: _____ \$20

Lifetime Membership _____ \$1,000 includes special recognition

Please Make Check Payable to: **Woodland Tennis Club** and mail to: P.O. Box 2283, Woodland, CA 95776

Contact Name: _____ Level of play _____

Family Member _____ Circle One _____ Level of play(Beginner, 2.5, 3.0, 3.5, 4.0, 4.5, 5.0)

_____ Adult Junior Senior _____

Address: _____

City/State/Zip: _____ Phone: _____

E-Mail Address: _____

Your contact information will be included in our Club Directory unless checked

The Woodland Tennis Club (WTC) is made up entirely of volunteers. We invite you to help out with the following. Please indicate your preference(s):

_____ Membership _____ Newsletter _____ Interclub _____ Fundraisers

_____ Website _____ Tournaments _____ Social activities _____ Junior tennis activities

_____ Other activities specify: _____

BENEFITS OF JOINING THE WOODLAND TENNIS CLUB

- Organized tennis events— tournaments, interclub, social events
- Website access to events and club information
- Club membership in Sacramento Area Tennis Association (SATA) and United States Tennis Association (USTA)
- Inclusion in regularly scheduled tennis activities.

Woodland Tennis Club is a **nonprofit** organization dedicated to encouraging and expanding participation in tennis for all ages and abilities throughout the community.

Thank you for supporting tennis in Woodland!!!

www.woodlandtennisclub.com